

Table 17: Household heads by sex and age groups

District		Total	Number of Household Head Aged							
			10-14	15-19	20-29	30-39	40-49	50-59	60-69	70 Years & Above
Jhapa										
	Total	184,552	137	1,300	21,573	44,127	43,956	35,227	24,754	13,478
	Male	134,843	76	689	11,333	29,557	34,868	28,555	19,219	10,546
	Female	49,709	61	611	10,240	14,570	9,088	6,672	5,535	2,932
Morang										
	Total	213,997	207	2,110	27,272	52,696	52,245	40,317	26,591	12,559
	Male	159,694	126	1,312	16,057	36,463	41,332	33,362	21,148	9,894
	Female	54,303	81	798	11,215	16,233	10,913	6,955	5,443	2,665
Sunsari										
	Total	162,407	145	1,667	23,189	41,808	38,928	28,936	18,837	8,897
	Male	120,148	84	977	13,384	29,422	31,082	23,785	14,683	6,731
	Female	42,259	61	690	9,805	12,386	7,846	5,151	4,154	2,166
Dhankuta										
	Total	37,637	43	518	5,147	7,972	8,698	7,501	4,882	2,876
	Male	26,621	18	284	2,456	4,919	6,717	6,158	3,862	2,207
	Female	11,016	25	234	2,691	3,053	1,981	1,343	1,020	669
Sankhuwasabha										
	Total	34,624	51	380	4,666	7,225	7,607	7,105	4,725	2,865
	Male	25,124	33	209	2,557	5,045	5,994	5,670	3,565	2,051
	Female	9,500	18	171	2,109	2,180	1,613	1,435	1,160	814
Saptari										
	Total	121,098	182	1,041	12,492	27,849	30,157	24,398	17,469	7,510
	Male	102,538	147	791	9,070	21,932	26,510	22,328	15,288	6,472
	Female	18,560	35	250	3,422	5,917	3,647	2,070	2,181	1,038
Siraha										
	Total	117,962	156	929	11,979	27,785	29,150	23,957	17,046	6,960
	Male	93,465	145	703	7,158	19,107	24,571	21,470	14,535	5,776
	Female	24,497	11	226	4,821	8,678	4,579	2,487	2,511	1,184
Mahottari										
	Total	111,316	140	646	9,985	25,187	27,691	22,878	17,476	7,313
	Male	89,701	122	473	6,106	18,000	23,315	20,540	15,007	6,138
	Female	21,615	18	173	3,879	7,187	4,376	2,338	2,469	1,175
Dolakha										
	Total	45,688	47	371	5,762	8,876	9,803	8,835	6,792	5,202
	Male	29,970	23	164	2,815	5,217	6,813	6,727	4,851	3,360

	Female	15,718	24	207	2,947	3,659	2,990	2,108	1,941	1,842
Kavrepalanchok										
	Total	80,720	53	558	8,758	17,256	18,968	15,722	11,603	7,802
	Male	63,550	30	338	6,184	13,257	15,763	13,091	9,006	5,881
	Female	17,170	23	220	2,574	3,999	3,205	2,631	2,597	1,921
Dhading										
	Total	73,851	68	750	9,878	15,380	16,102	13,987	10,590	7,096
	Male	53,303	32	368	5,312	10,129	12,244	11,446	8,280	5,492
	Female	20,548	36	382	4,566	5,251	3,858	2,541	2,310	1,604
Bara										
	Total	108,635	170	685	10,012	25,604	28,866	20,732	15,547	7,019
	Male	100,379	145	588	8,615	23,424	27,267	19,601	14,329	6,410
	Female	8,256	25	97	1,397	2,180	1,599	1,131	1,218	609
Chitawan										
	Total	132,462	109	1,743	20,353	34,089	31,148	22,439	14,280	8,301
	Male	87,824	66	965	9,682	19,424	22,457	17,774	10,965	6,491
	Female	44,638	43	778	10,671	14,665	8,691	4,665	3,315	1,810
Kaski										
	Total	125,673	149	2,599	24,664	31,108	25,368	19,512	13,210	9,063
	Male	77,090	79	1,579	12,643	17,134	16,549	14,079	8,931	6,096
	Female	48,583	70	1,020	12,021	13,974	8,819	5,433	4,279	2,967
Mustang										
	Total	3,354	6	7	338	665	796	721	512	309
	Male	2,557	4	7	240	522	655	551	371	207
	Female	797	2	0	98	143	141	170	141	102
Palpa										
	Total	59,291	136	1,084	8,026	12,491	12,700	11,346	8,579	4,929
	Male	35,194	78	526	2,716	5,581	8,108	8,496	6,067	3,622
	Female	24,097	58	558	5,310	6,910	4,592	2,850	2,512	1,307
Rupandehi										
	Total	163,916	148	1,577	20,312	38,686	38,253	30,706	22,242	11,992
	Male	123,010	101	1,076	11,864	25,928	30,628	25,733	17,999	9,681
	Female	40,906	47	501	8,448	12,758	7,625	4,973	4,243	2,311
Rukum										
	Total	41,856	127	852	8,441	10,424	8,916	6,794	4,624	1,678
	Male	31,207	90	526	5,352	7,454	7,073	5,683	3,673	1,356
	Female	10,649	37	326	3,089	2,970	1,843	1,111	951	322

Dang										
	Total	116,415	261	2,176	20,910	31,026	26,056	18,683	12,371	4,932
	Male	83,455	150	1,135	11,000	20,799	20,791	15,724	9,938	3,918
	Female	32,960	111	1,041	9,910	10,227	5,265	2,959	2,433	1,014
Banke										
	Total	94,773	155	1,413	15,794	24,812	22,300	14,762	10,501	5,036
	Male	73,640	95	881	9,946	18,614	18,769	12,684	8,552	4,099
	Female	21,133	60	532	5,848	6,198	3,531	2,078	1,949	937
Surkhet										
	Total	72,863	187	1,515	14,301	18,708	15,324	11,295	8,136	3,397
	Male	51,066	98	830	7,629	12,695	11,913	9,108	6,187	2,606
	Female	21,797	89	685	6,672	6,013	3,411	2,187	1,949	791
Jumla										
	Total	19,303	20	211	3,180	4,961	4,659	3,421	2,287	564
	Male	16,673	17	151	2,679	4,409	4,103	2,999	1,832	483
	Female	2,630	3	60	501	552	556	422	455	81
Doti										
	Total	41,440	85	504	6,610	10,200	8,772	7,087	5,709	2,473
	Male	26,566	50	309	3,549	6,150	5,922	5,260	3,675	1,651
	Female	14,874	35	195	3,061	4,050	2,850	1,827	2,034	822
Kailali										
	Total	142,480	393	2,407	24,539	38,922	33,487	21,010	15,071	6,651
	Male	107,351	236	1,509	15,987	28,668	26,522	17,333	11,749	5,347
	Female	35,129	157	898	8,552	10,254	6,965	3,677	3,322	1,304
Darchula										
	Total	24,618	47	309	2,961	5,527	5,761	4,869	3,446	1,698
	Male	20,065	31	208	1,920	4,353	5,005	4,289	2,847	1,412
	Female	4,553	16	101	1,041	1,174	756	580	599	286

Source: National Census Survey, 2011. Central Bureau of Statistics